

CRIB POINT COMMUNITY HOUSE

Welcome

TERM 2 2025
22nd April to 4th July



Neighbourhood Houses
The Heart of Our Community



COME ON IN
THERE'S SOMETHING
INSIDE FOR EVERYONE

OFFICE HOURS
MON to THURS 9am-3pm
FRI 9am- 12noon

5983 9888
info@cpch.org.au

WHAT'S HAPPENING

ART SHOW

The August Art Attack Art Show is coming up on August 30th & 31st with the opening night on Friday 29th, of which you must book in. More information on the website, AugustArtAttack.com

LOOK WHAT'S NEW

Mondays is Greeting Card workshop, make 5 beautiful cards, F.R.I.E.N.D.S. a cuppa & chat group, Tuesday, Dancercise where you can dance like nobody's watching. RSPCA return with a Healthy Pet Day on Thursday 8th May. Book now at rspcavic.org/healthypet or call 1300 020 040

BUS TRIP

OP SHOP

Date: 16th May, 9am to 4pm
Cost: \$10. plus Lunch



Join us for a day of fun, shopping for lots of bargains visiting the op shops in Rosebud and Rye. **BOOKINGS OPEN 22nd April**

THE TREASURY BUILDING

Date: 27th June, 8.30am to 4pm approx.

Cost: \$25. Inc tour, lunch extra.

This is a private tour of the Old Treasury Building in Melbourne and will include the Marvelous Melbourne exhibition.

BOOKINGS OPEN 22nd APRIL

ENROLMENT

COURSES MUST BE PAID FOR WHEN ENROLLING

All missed classes must be paid for.

EFTPOS IS AVAILABLE. If paying by cash, please have correct money, as we do not have change.

ENROL BY:

* **Phone** - enquiries and enrolments are welcome, but your place will not be secured until you have paid.

* **Email** - info@cpch.org.au



* **Mail** - Send cheque/money order, with details of course, your name, address, email & phone to - **Crib Point Community House**
7 Park Rd, Crib Point. 3919

Ask for a requirements list if required.

* **In person** - During office hours:
9am - 3pm Monday to Thursday
9am - 12 Friday

Enrolments accepted in order of receipt of payment. If a course is cancelled, all efforts will be made to contact you, so please make sure you give us all your details. A full refund will be given.

PRICING POLICY

We aim to provide courses you want at the lowest possible prices. Teachers are very experienced &/or qualified. Don't be excluded because of financial pressures, please talk to us, in confidence, to make other arrangements.



Inc no: A5121C - ABN 13567174223

7 PARK RD,
CRIB POINT. 3919
Melways ref: 195 B/2

www.cpch.org.au

Email: info@cpch.org.au

Follow us on Facebook & Instagram
Crib Point Community House
Crib Point Community Market
August Art Attack

Want more information? This QR code will take you to our website



Crib Point Community Market

2nd Saturday of Month - 9am to 1pm

To book a Stall or Fundraising BBQ email Michelle market@cpch.org.au

Pay for stall on Market Day

Oct 12, Nov 9, Dec 14, Jan 11

THIS IS WHAT HAPPENS INSIDE INFORMATION

- * Classes & Activities
- * Support Groups
- * Social Activities
- * Disabled Access
- * Maternal & Child Health - 5983 9436

COMMUNITY GROUPS

- * Crib Point Action Group
- * Foreshore Committee

SERVICES:

- * Referral Service
- * Computer Use
- * Room Hire
- * Children's Parties

WHAT CAN YOU DO?

Want to get involved in your community?

- * Meet people
- * Share your skills
- * Become a Volunteer
- * Join the Committee

VOLUNTEERING

We have a wonderful group of volunteers who donate their valuable time to help run the Community House. If you are interested in volunteering in the office, garden, cleaning or even teaching, we'd love to hear from you. We are Centrelink approved for Mutual Obligation Requirements. Give us a call or pop in for a chat.

PRIVACY STATEMENT

Crib Point Community House respects your right to information privacy. Information which we collect & hold, is kept in accordance with the information privacy laws.

The Crib Point Community House acknowledges and pays respect to the Bunurong people, the Traditional Custodians of these lands and waters.

BRIGHT IDEAS

Got a great idea for a course or activity? Maybe you'd like us to start a Special Interest or Support group. Does night or weekend activities suit you best. We're always after new ideas. Talk to the Manager or a Committee member. We're always open to new ideas.

FREE COMPUTER/INTERNET

Computer and internet access is available Free of charge by appointment only. Please call 5983 9888 Printing 20c per A4.

GRAFFITI REMOVAL KIT

The Community House has a Graffiti Removal Kit which is available to local Community groups, businesses & members of the community to help them remove any graffiti on their property. This is a FREE service. Call Community House.

THANK YOU, THANK YOU, THANK YOU

Crib Point Community House acknowledges the support of the Federal & Victorian Governments, Mornington Peninsula Shire & Bendigo Bank Hastings. Thanks to The Crib Point Cellars, Ed's Hastings, Baker's Delight & all the wonderful volunteers who help us every week and at our special events.

Please support your local
Community Bank & Businesses.



Families, Fairness and Housing



MORNINGTON PENINSULA Shire



Neighbourhood Houses The Heart of Our Community




Community Houses

Monday

Closed 9th June - Public Holiday


AFFORDABLE YOGA

Starts: 28th April at 9:30 to 11am 
Cost: \$100 for 8 wks or \$15 weekly
For all ages & levels. Chris will gently guide you through simple stretches, breathing relaxation & meditation. BYO yoga mat or blanket. (Ask about paying by instalments - term must be PAID IN FULL)

GREETING CARD WORKSHOP

Date: 5th May at 10am - 12noon
Cost: \$35. inc materials. BYO sharp scissors
It's always lovely to give or receive a card, especially when it's been handmade. In this workshop you'll learn how to construct up to 5 cards as well as tips and tricks.
Bookings Essential

CAFÉ CHAT - Fortnightly

Starts: 28th April at 10-11am 
Come and have an informal chat & meet new friends. Share your ideas of what you want at YOUR Community House. Coffee/Tea is on us. We're usually at Café 202 Check our Facebook page and Instagram for location.


F.R.I.E.N.D.S. Fortnightly

Starts: 5th May at 10am to 11am
Cost: Gold coin donation
Join us for a chat and a cuppa. Find Friendship, Respect, Inspiration, Empathy, Nurturing, Discussion and Support in a safe, friendly, confidential environment.

SCRIBBLERS WRITING DEN


Start: 28th April - 1-3pm 
Cost: \$2.
Whether you're an experienced writer or just starting, we offer a welcoming space for all ages and abilities across various literary genres. Here, words come to life and creativity knows no limits as we embark on literary adventures together.

SEWING FOR BEGINNERS


Starts: 28th April at 6 - 8pm 
Cost: \$70 for 8 weeks
Ages: 10 yrs to Adult.
Children must be accompanied by an adult.
Learn simple techniques to make your own clothing and more. We have sewing machines available to use. [Ask for a requirements list](#)

Tuesday

EASY DOES IT FITNESS


Starts: 29th April at 10 - 10.45am 
Cost: \$40 for 8 weeks or \$8. weekly
From the Aging Strong Program to improve health, socialisation and independence.
A gentler exercise class using a chair for balance, but still lots of fun.

MEN'S GROUP


Starts: 29th April - 10am 
Cost: \$2. weekly
Join other men for a chat, cuppa and share your interests and idea. This group is run by men for men. They can organise outings, talks, just about anything that interests them.

Tuesday cont:


FAB, FUN 'n' FIT

Starts: 29th April at 11.00 - 11.45am 
Cost: \$40 for 8 weeks or \$8 weekly
Build fitness and strength in a fun and social environment. Not too gentle exercise to music for mobility, strength, coordination & balance.

FAMILY TREE CIRCLE


Starts: 29th April at 1-3pm 
Cost: \$2 weekly
So, you know who you are, but where did you come from? Di, a skilled researcher, will help you. You've always wanted to, so start now and join this fun group.

DANCERCISE


Starts: 29th April - 6:30 - 7:30pm 
Cost: \$15 per session
Join Vanessa for a fun and energetic dance session. All abilities welcome.
Dance like nobody's watching.

Wednesday

MATERIAL GIRLS

Starts: 30th April - 9am to 12noon 
Cost: \$2. weekly
Join these sew & sews and get sew happy on pins n' needles. These thread heads love their quilty pleasures. Patchwork or sewing, it's lots of fun being creative.


SQUARE DANCING

Starts: 30th April - 9:30 - 12noon 
Cost: \$3. weekly
Are you a Square Dancer? Why not join this fun group and keep fit while dancing the morning away.

MARGIE B's COMMUNITY CAFÉ


Date: 30th April 
Time: 12noon
Cost: Voluntary donation
Come and join us for lunch with a variety of choices which change each month. We always have fun and make new friends. **Bookings essential with dietary requirements.**
Phone: 59839888

CRAFTY NIGHT OWLS

Date: 30th April at 7 - 9pm 
Cost: \$2. weekly
No time for your crafts during the day?
Here's your chance to make new friends, share ideas and maybe learn a new craft. It doesn't matter what craft you do, come and join this fun group of crafters.


Thursday

CKACKLE 'N' CRAFT


ALL YEAR ROUND 9am-12noon 
Cost: \$2 weekly
Join this fun group of crafty ladies. Finish your UFO's, learn a new craft or even help us with a new craft. Not into craft, just come along and have a cuppa & a chat.

Thursday cont:

HEALTHY PET DAY - RSPCA

Date: 8th May - from 10am 
YOU MUST BOOK - details below
Bring your pet along for a FREE health check, vaccinations, microchip, parasite prevention, behaviour advice and pet care resources.
Bookings through RSPCA at rspcavic.org/healthypet or call 1300 020 040

KNITTERS 'N' HOOKERS

Starts: 24th April at 1-3pm 
Cost: \$2 weekly
Knit one, crochet too & learn pearls of wisdom from our resident nifty knitter. Work on your own woolly wonders & spin a few yarns. Even knit for a cause. It's a fun group.


PILATES -Mat work

Starts: 24th April at 6.30 - 7.30pm
Cost: \$25 per session-PAID TO INSTRUCTOR
Neil Adams, qualified instructor of 15yrs, will accommodate your needs and requirements in this small group. **Beginners Welcome.**
Bookings essential . BYO MAT


Friday

CLOSED ANZAC DAY - 25th April

STITCHIN' SISTERS PATCHWORK

Dates: May 2, 16, 30, June 13, 27 
Time: 9am to 12 noon
Cost: \$65.
You can make a coaster to a quilt, the choice is yours. Chris will guide you all the way.
Ideal for beginners or the more advanced.

FAB, FUN 'n' FIT

Starts: 2nd May at 9:30 - 10:15 
Cost: \$40 for 8 weeks or \$8 weekly
Build fitness and strength in a fun and social environment. Not too gentle exercise to music for mobility, strength, coordination and balance.

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COMMUNITY MARKET

May 10, June 14, July 12 
MAY MARKET 
Biggest Morning Tea
Have a Devonshire Tea or a sausage at the BBQ for the BMT. Get Mum a present and there's the Free lucky draw for the kids too.
Book a stall at market@cpch.org.au