

MONDAY

AFFORDABLE YOGA

Starts: 27th April 9.30 - 11am

Cost: \$100 for 8 weeks or \$15 per session

For all ages and levels. Chris will guide you through simple stretches, breathing, relaxation & meditation. BYO mat or blanket. (Ask about our payment plan. Term must be paid for in full)



F.R.I.E.N.D.S.

Starts: 20th Apr 10 - 11am - weekly

Cost: \$2. weekly

Join us for a cuppa n chat. Fun, Respect, Inclusion, Empathy, Nurturing, Discussion, Support in a safe, friendly environment.



SCRIBBLER'S WRITING DEN

Starts: 27th Apr 1 - 3pm

Cost: \$2. weekly

Come along and join this fun, creative group. Learn new skills to build up your own writing or try something new. A great way to explore your creative side while meeting new friends.



LINE DANCING

Starts: 27th April 1 - 2pm

Cost: \$3 weekly PAY TUTOR

Come and join in the fun of Line Dancing. It's easy, social and ideal for beginners. You don't require a partner but it's even more fun if you bring a friend or two.

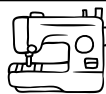


SEWING WITH KAYE

Starts: 27th Apr 6 - 8pm

Cost: \$60 for 8 weeks

Enjoy sewing with Kaye. Meet up with others and share ideas and chat while working on your creations.



TUESDAY

EASY DOES IT FITNESS

Starts: 28th Apr 10 - 10.45am

Cost: \$40 for 8 weeks or \$8. weekly

From the Aging Strong Program to improve health, socialisation and independence. A gentler exercise class using a chair but still lots of fun.



MEN'S GROUP

Starts: 21st Apr 10am to 12noon

Cost: \$2. weekly

Join other men for a chat, cuppa and share your interests and ideas. This group is run by men for men. They can organise outings, talks, just about anything that interests them.



FUN, FAB 'n' FIT

Starts: 28th Apr 11 - 11.45am

Cost: \$40 for 8 weeks or \$8. weekly

Build fitness and strength in a fun and social environment. Not too gentle exercise to music for mobility, strength, coordination & balance.



FAMILY TREE CIRCLE

Starts: 28th Apr 1-3pm

Cost: \$2 weekly

So, you know who you are but where did you come from? Di, is a skilled researcher and will help you. You've always wanted to know, so why not start now and join this fun group.



WEDNESDAY

MATERIAL GIRLS

Starts: 22nd Apr 9am to 12noon

Cost: \$2 weekly

Join these sew & sews and get sew happy on pins 'n' needles. These thread heads love their quilty pleasures. Patchwork or sewing, it's lots of fun being creative.



SQUARE DANCING

Starts: 22nd Apr 9.30 - 12noon

Cost: \$3. weekly

Are you a Square Dancer? Why not join this fun group and keep fit while dancing the morning away.



TECH TIME

Starts: 29th April - 1 - 3pm

Cost: FREE BY APPOINTMENT ONLY

Need help with tech issues, cyber security or program basics. BY APPOINTMENT ONLY

MARGIE B's COMMUNITY CAFE

Date: 22/4, 24/6 12noon

Voluntary Gold coin donation

Come and join us for lunch with a variety of choices which change each month. You'll always have fun and make new friends. Bookings essential - 5983 9888

We CANNOT cater for Dietary requirements

LARGEST COMMUNITY-LED LUNCH

Starts: 13th May 12noon

Held at Crib Point Football Netball clubroom

Join us for the Largest Community Led lunch with over a 1,000 Neighbourhood Houses and Community Centres across Australia to share a meal, meet new people and the joy that comes from connecting with others.

Bookings essential - 5983 9888

We CANNOT cater for Dietary requirements

WEDNESDAY WONDERS

Time: 1-3pm

Cost: FREE

20/5 - volunteer talk - shire

Volunteering has so many benefits to both you and who you are helping. It strengthens community connections, helps build new skills and experiences for career development, increases happiness, improved mental wellbeing and gives you a strong sense of purpose. Find out local opportunities.



3/6 - navigating My Aged Care

Navigating this app can be daunting to say the least. Julie will help you and answer your questions.

17/6 - Navigating MyGov

Another app that you may have trouble with. Again, Julie will be able to answer your questions.

CRAFTY NIGHT OWLS

Starts: 22nd Apr 7 - 9pm

Cost: \$2. weekly

No time for your crafts during the day? Here's your chance to make new friends, share ideas and maybe learn a new craft. It doesn't matter what craft you do, come and join this fun group.



THURSDAY

CAKLE 'N' CRAFT

ALL YEAR ROUND 9am - 12noon

Cost: \$2 weekly

Join this fun and welcoming group of crafty ladies. Finish your UFO's, learn a new craft, even help others with a new craft. Not into craft, just come along for a cuppa n chat



ROCKABILITIES

Starts: 7th May - 10 - 11.30am

Cost: \$15 per session - PAY THE TUTOR

Inclusive music and movement sessions where people of all abilities can connect, communicate and belong through rhythm, creativity and shared musical experiences.

Please book with Kathy on 0411 623 542

KNITTERS 'N' HOOKERS

Starts: 23rd Apr 1pm - 3pm

Cost: \$2 weekly

Knit one, crochet too & learn purls of wisdom from our resident nifty knitters. Work on your own woolly wonders & spin a few yarns. Even knit for a cause. It's a fun group.



SENIOR DRIVER EXPO

Date: 30th April FREE 9:45am - 2:30pm

Learn about new road laws, medicines, health & driving, driving assessment and roadworthy check & Tyre Maintenance.

BOOKING ESSENTIAL

PILATES - Mat work

Starts: 23rd Apr 6pm - 7pm

Cost: \$20 per session - PAY INSTRUCTOR

Neil Adams, qualified instructor of 15yrs, will accommodate your needs and requirements in this small group. Beginners Welcome.

Bookings essential - BYO MAT



FRIDAY

STITCHIN' SISTERS PATCHWORK

Dates: 1, 15, 29 May, 12 & 26 June.

Time: 9am - 12noon Cost: \$65.

Make a coaster or a quilt, the choice is yours. Chris will guide you all the way. Ideal for beginners or the more advanced.



FUN, FAB 'N' FIT

Starts: 1st May 9.30 - 10.15am

Cost: \$40 for 8 weeks or \$8 weekly

Build fitness and strength in a fun and social environment. Not too gentle exercise to music for mobility, strength, coordination & balance.



BUS TRIPS

TYABB PACKING HOUSE

Date: 1st May - more info when booking.

Cost: lunch

Meet us at the Tyabb Packing House for morning tea at 10:15am. Stroll the stalls at your leisure, lunch at the cafe. Continue exploring and return home when you like.



LOCAL OP SHOPS

Date: 5th June 9am to 4pm

Cost: \$10 plus lunch

Join us for a day of bargain shopping and fun. We'll be visiting local Op shops from Balnarring to Somerville.

Bookings open on 20th April at 9am

ENROLMENTS

COURSES MUST BE PAID WHEN ENROLLING

All missed classes must be paid for.

EFTPOS is available. If paying by cash please have correct money as we do not have change

Places are not secure until paid for.

ENROLL:

In Person: Is always best because we love to meet you. Office hours, Mon-Thurs 9am to 3pm, Fri 9am to 12noon.

Phone: Enquiries and enrollments welcome but classes need to be paid for.

Email: info@cpch.org.au

Mail: Send Cheque or Money Order with your name, address, phone and email and the course you are enrolling in to - **Crib Point Community House, 7 Park Rd, Crib Point, 3919**

Enrollments are accepted in order of receipt of payment. If a course is cancelled, all effort will be made to contact you so please make sure you give us your correct details. A full refund will be given.

PRICING

We aim to provide course you want with experienced and/or qualified teaches at the lowest possible prices. Please don't be excluded because of financial pressures. Talk to us confidentially and we can make other arrangements.



Inc No: A5121C - ABN 13567174223

**7 Park Rd
Crib Point 3919**

www.cpch.org.au

Email: info@cpch.org.au

Follow us on Facebook & Instagram

Crib Point Community House

Crib Point Community Market

Quilt & Craft Show

August Art Attack

Want more information? This

QR code will take you to our website



Crib Point Community Market

2nd Saturday of Month - 9am to 1pm

To book a stall or fundraising BBQ

email Michelle - market@cpch.org.au

Pay for stall on Market Day

Apr 11 * May 9 * June 13

WHAT'S ON

SENIOR DRIVER EXPO - Thursday 30th April, 9.45am to 2.30pm. **FREE** More info inside.

LARGEST COMMUNITY-LED LUNCH

Wednesday 13th May at 12noon. Community and Neighbourhood Houses across Australia will host local lunches that bring people together to connect and celebrate community. **Please book on 59839888**

LOOKS WHAT'S NEW

Tech Time - help with tech issues, cyber security or program basics. **Talks** - On Volunteering, Navigating My Aged Care and MyGov. **Rockabilities** - Music and Movement for people of all abilities.



Moon Dance

Dates: 2/5, 31/5 & 30/6

Cost: \$10 to be paid to instructor.

COMMUNITY MARKET

Apr 11 * May 9 * June 13



Lots of stalls, Devonshire Tea, Sausage Sizzle, and a visit from Cribby Koala. The kids can do the Cribby Koala treasure hunt.

Book a stall at market@cpch.org.au

THIS IS WHAT HAPPENS INSIDE INFORMATION

- **Classes & Activities** * **Support Groups**
- **Social Activities** * **Disabled Access**
- **Maternal & Child Health - 59839436**

COMMUNITY GROUPS

- **Community Action Group**
- **Crib Point Stony Point Foreshore SERVICES**

- **Referral Service** * **Computer use**
- **Room Hire**

WHAT CAN YOU DO?

- **Meet people** * **Share your skills**
- **Volunteer** * **Join the Committee**

VOLUNTEERING

We have a wonderful group of volunteers who donate their valuable time to help run the Community House. If you are interested in volunteering, we'd love to hear from you. We are Centrelink approved for Mutual Obligation Requirements. Give us a call or pop in for a chat

PRIVACY STATEMENT

Crib Point Community House Committee, Staff and Volunteers respects your right to information privacy. Information which we collect & hold is kept in accordance with the Information Privacy Laws.

The Crib Point Community House acknowledges and pays respect to the Bunurong people, the Traditional Custodians of these lands and waters

CRIB POINT COMMUNITY HOUSE



TERM 2 2026

20th Apr - 26th June



Neighbourhood Houses
The Heart of Our Community



**COME ON IN
THERE'S SOMETHING
INSIDE FOR EVERYONE**

OFFICE HOURS

MON to THURS 9am -3pm

FRI 9am-12noon

59839888

info@cpch.org.au

BRIGHT IDEAS

Got a great idea for a course or activity? Maybe you'd like us to start a special interest or support group. Does night or weekend activities suit you best? We're always after new ideas. Talk to the Manager, a Volunteer or a Committee member. We're always open to new ideas.

FREE COMPUTER / INTERNET

Computer and internet access is available FREE of charge by appointment only. Please call 59839888
Printing 20c per A4 page

GRAFFITI REMOVAL KIT

The Community House has a Graffiti Removal Kit which is available to local community groups, businesses & members of the community to help them remove any graffiti on their property. This is a FREE service.

THANK YOU, THANK YOU, THANK YOU

Crib Point Community House acknowledges the support of the Federal and State Governments, Mornington Peninsula Shire and Bendigo Bank Hastings. Thanks also to the Crib Point Cellars, Baker's Delight and all the wonderful Volunteers who help us every day and also at our special events.

**Please support your local
Community Bank and Businesses**



Families, Farms and Housing

