

MONDAY

AFFORDABLE YOGA



Starts: 2nd Feb 9.30 - 11am

Cost: \$100 for 8 weeks or \$15 per session

For all ages and levels. Chris will guide you through simple stretches, breathing, relaxation & meditation. BYO mat or blanket. (Ask about our payment plan. Term must be paid for in full)

F.R.I.E.N.D.S.



Starts: 2nd Feb 10 - 11am - weekly

Cost: \$2. weekly

Join us for a cuppa n chat. Fun, Respect, Inclusion, Empathy, Nurturing, Discussion, Support in a safe, friendly, confidential environment. This is at the Community House.

SCRIBBLER'S WRITING DEN



Starts: 2nd Feb 1 - 3pm

Cost: \$2. weekly

Come along and join this fun, creative group. Learn new skills to build up your own writing or try something new. A great way to explore your creative side while meeting new friends.

LINE DANCING



Starts: 2nd Feb 1 - 2pm

Cost: \$3 weekly PAY TUTOR

Come and join in the fun of Line Dancing. It's easy, social and ideal for beginners. You don't require a partner but it's even more fun if you bring a friend or two.

SEWING WITH KAYE



Starts: 2nd Feb 6 - 8pm

Cost: \$60 for 8 weeks

Enjoy sewing with Kaye. Meet up with others and share ideas and chat while working on your creations. This class is only open to students of Kaye's previous class, no new enrolments at this time.

TUESDAY

EASY DOES IT FITNESS



Starts: 3rd Feb 10 - 10.45am

Cost: \$40 for 8 weeks or \$8. weekly

From the Aging Strong Program to improve health, socialisation and independence. A gentler exercise class using a chair but still lots of fun.

MEN'S GROUP



Starts: 3rd Feb 10am to 12noon

Cost: \$2. weekly

Join other men for a chat, cuppa and share your interests and ideas. This group is run by men for men. They can organise outings, talks, just about anything that interests them.

FUN, FAB 'n' FIT



Starts: 3rd Feb 11 - 11.45am

Cost: \$40 for 8 weeks or \$8. weekly

Build fitness and strength in a fun and social environment. Not too gentle exercise to music for mobility, strength, coordination & balance.

Tuesday cont:

FAMILY TREE CIRCLE



Starts: 3rd Feb 1-3pm

Cost: \$2 weekly

So, you know who you are but where did you come from? Di, is a skilled researcher and will help you. You never know, your ancestors could be Royalty or maybe convict stock. You've always wanted to know, so why not start now and join this fun group.

WEDNESDAY

MATERIAL GIRLS



Starts: 4th Feb 9am to 12noon

Cost: \$2 weekly

Join these sew & sews and get sew happy on pins 'n' needles. These thread heads love their quilty pleasures. Patchwork or sewing, it's lots of fun being creative.

SQUARE DANCING



Starts: 4th Feb 9.30 - 12noon

Cost: \$3. weekly

Are you a Square Dancer? Why not join this fun group and keep fit while dancing the morning away.

EXPERIMENTAL ART



Starts: 4th Feb 1-3pm

Cost: \$2 Weekly

Explore new materials, techniques, concepts and forms using different mediums. Push the boundaries and learn from each other.

WEDNESDAY WONDERS

Time: 1-3pm FREE

11/02 - Cyber Security - Bendigo Bank

With the everchanging of internet, social media, online banking and more, security is always a concern. Come along with your questions and learn new safe ways of accessing online.

04/03 - Health Issues - Atticus Hastings

An informative discussion on health concerns from experienced member of Atticus Health.

18/03- TBA

MARGIE B's COMMUNITY CAFE



Date: 25 Feb & 25 Mar 12noon

Voluntary Gold coin donation

Come and join us for lunch with a variety of choices which change each month.

You'll always have fun and make new friends.

Bookings essential - 5983 9888

We CANNOT cater for Dietary requirements

Phone 59839888

CRAFTY NIGHT OWLS



Starts: 28th Feb 7 - 9pm

Cost: \$2. weekly

No time for your crafts during the day? Here's your chance to make new friends, share ideas and maybe learn a new craft. It doesn't matter what craft you do, come and join this fun group.

THURSDAY

CAKLE 'N' CRAFT



ALL YEAR ROUND 9am - 12noon

Cost: \$2 weekly

Join this fun and welcoming group of crafty ladies. Finish your UFO's, learn a new craft, even help others with a new craft. Not into craft, just come along for a cuppa n chat

KNITTERS 'N' HOOKERS



Starts: 5th Feb 1pm - 3pm

Cost: \$2 weekly

Knit one, crochet too & learn purls of wisdom from our resident nifty knitters. Work on your own woolly wonders & spin a few yarns. Even knit for a cause. It's a fun group.

PILATES - Mat work



Starts: 5th Feb 6pm - 7pm

Cost: \$25 per session - PAY INSTRUCTOR

Neil Adams, qualified instructor of 15yrs, will accommodate your needs and requirements in this small group. **Beginners Welcome.**

Bookings essential - BYO MAT

FRIDAY

STITCHIN' SISTERS PATCHWORK



Dates: 30 Jan, 13 & 27 Feb, 13 & 27 Mar

Time: 9am - 12noon Cost: \$65.

Make a coaster or a quilt, the choice is yours. Chris will guide you all the way. Ideal for beginners or the more advanced.

FUN, FAB 'N' FIT



Starts: 6th Feb 9.30 - 10.15am

Cost: \$40 for 8 weeks or \$8 weekly

Build fitness and strength in a fun and social environment. Not too gentle exercise to music for mobility, strength, coordination & balance.

PAINT 'n' SIP



Date: 27th February

Start: 6pm Cost: \$40

Come along and join a fun, creative evening. Meet up with friends and make new ones.

Take home a fun new painting at the end of the night. All materials supplied

Call to BOOK ph: 0359839888 or drop into the House. **Places limited to 12**

BUS TRIPS

Yarra River Cruise



Date: 6th March 9am - 4pm

Cost: \$40 plus lunch

Join us for a day of exploration on a scenic Yarra River cruise. Meander down the river on this unique experience, a different view of the city and beautiful surrounds along the Yarra.

Bookings open on 27th January 9am

OP SHOP

Date: 20th March 9am - 4pm

Cost: \$10 plus lunch

Join us for a day of bargain shopping and fun. We'll be visiting Op shops along the road to San Remo

Bookings open on 27th January at 9am

CRIB POINT COMMUNITY HOUSE

Welcome

TERM 1 2026
27th Jan to 2 Apr



Neighbourhood Houses
The Heart of Our Community



**COME ON IN
THERE'S SOMETHING
INSIDE FOR EVERYONE**

OFFICE HOURS

MON to THURS 9am-3pm

FRI 9am-12noon

59839888

info@cpch.org.au



Inc No: A5121C - ABN 13567174223

**7 Park Rd
Crib Point 3919**

www.cpch.org.au

Email: info@cpch.org.au

Follow us on Facebook & Instagram

Crib Point Community House

Crib Point Community Market

Quilt & Craft Show

August Art Attack

Want more information? This

QR code will take you to our website



Crib Point Community Market

2nd Saturday of Month - 9am to 1pm

To book a stall or fundraising BBQ

email Michelle - market@cpch.org.au

Pay for stall on Market Day

Feb 14 * Mar 14 * Apr 11

WHAT'S ON

BIRTHDAY MARKET

MARCH 14TH

Help us celebrate Crib Point Community Market's 10th birthday. Plenty to see and enjoy with a visit from Cribby Koala, delicious food and a concert band, a Jumping castle for the kids and more.

LOO KS WHAT'S NEW

Monday Line Dancing with Lyn,
Experimental Art with Helen,
Wednesday Wonders, a series of talks
inc: Cyber Safety, Atticus Health,
and more..., Paint 'N' Sip



Moon Dance

Date: TBA

Cost: \$10 to be paid to instructor.

COMMUNITY MARKET



Feb 14 * Mar 14 * Apr 11

Lots of stalls, Devonshire Tea,
Sausage Sizzle, and a visit from
Cribby Koala. The kids can do the
Cribby Koala treasure hunt.

Book a stall at market@cpch.org.au



THIS IS WHAT HAPPENS INSIDE INFORMATION

- **Classes & Activities** * **Support Groups**
- **Social Activities** * **Disabled Access**
- **Maternal & Child Health - 59839436**

COMMUNITY GROUPS

- **Community Action Group**
- **Crib Point Stony Point Foreshore SERVICES**

- **Referral Service** * **Computer use**
- **Room Hire**

WHAT CAN YOU DO?

- **Meet people** * **Share your skills**
- **Volunteer** * **Join the Committee**

VOLUNTEERING

We have a wonderful group of volunteers who donate their valuable time to help run the Community House. If you are interested in volunteering, we'd love to hear from you. We are Centrelink approved for Mutual Obligation Requirements. Give us a call or pop in for a chat

PRIVACY STATEMENT

Crib Point Community House Committee, Staff and Volunteers respects your right to information privacy. Information which we collect & hold is kept in accordance with the Information Privacy Laws.

The Crib Point Community House acknowledges and pays respect to the Bunurong people, the Traditional Custodians of these lands and waters

ENROLMENTS

COURSES MUST BE PAID FOR WHEN ENROLLING

All missed classes must be paid for.

EFTPOS is available. If paying by cash please have correct money as we do not have change
Places are not secure until paid for.

ENROLL:

In Person: Is always best because we love to meet you. Office hours, Mon-Thurs 9am to 3pm, Fri 9am to 12noon.

Phone: Enquiries and enrollments welcome but classes need to be paid for.

Email: info@cpch.org.au



Mail: Send Cheque or Money Order with your name, address, phone and email and the course you are enrolling in to -
**Crib Point Community House,
7 Park Rd, Crib Point, 3919**

Enrollments are accepted in order of receipt of payment. If a course is cancelled, all effort will be made to contact you so please make sure you give us your correct details. A full refund will be given.

PRICING

We aim to provide course you want with experienced and/or qualified teaches at the lowest possible prices. Please don't be excluded because of financial pressures. Talk to us confidentially and we can make other arrangements.

BRIGHT IDEAS

Got a great idea for a course or activity? Maybe you'd like us to start a special interest or support group. Does night or weekend activities suit you best? We're always after new ideas. Talk to the Manager, a Volunteer or a Committee member. We're always open to new ideas.

FREE COMPUTER / INTERNET

Computer and internet access is available FREE of charge by appointment only. Please call 59839888
Printing 20c per A4 page

GRAFFITI REMOVAL KIT

The Community House has a Graffiti Removal Kit which is available to local community groups, businesses & members of the community to help them remove any graffiti on their property. This is a FREE service.

THANK YOU, THANK YOU, THANK YOU

Crib Point Community House acknowledges the support of the Federal and State Governments, Mornington Peninsula Shire and Bendigo Bank Hastings. Thanks also to the Crib Point Cellars, Baker's Delight and all the wonderful Volunteers who help us every day and also at our special events.

**Please support your local
Community Bank and Businesses**

