

CRIB POINT COMMUNITY HOUSE

Welcome

TERM 4 2024
7th Oct to 13th Dec



Neighbourhood Houses
The Heart of Our Community



COME ON IN
THERE'S SOMETHING
INSIDE FOR EVERYONE

OFFICE HOURS
MON to THURS 9am-3pm
FRI 9am- 12noon

5983 9888
info@cpch.org.au

WHAT'S ON THIS TERM

SENIOR'S HIGH TEA

Thursday 24th October 10:30am

School Days is the theme so wear a piece of a school uniform, if not your own, from the Op shop. Bookings are now open but numbers are limited, booking is essential & any dietary requirements.

LOOK WHAT'S ON

Carer's info session on Tuesday 29th Oct at 10am.
Special Workshops - Learn how to make 3 Christmas Cards and discover the Cricut Machine. It will make crafting so much easier, learn all about it. Don't forget the 'Shop til you drop' bus trip, More info below and inside.

BUS TRIP -Wednesday

SHOP TIL YOU DROP

Date: Wed 30th Oct 9am - 4pm

Cost: \$10. plus Lunch

Time to do your Christmas shopping. We're going to Southland. Get your lists ready for a fun day. BOOK EARLY



OCTOBER MARKET

12th October
October market will be for Kids with games to play, info for parents and more. Time to start thinking about Christmas too. Lots of gifts from the unique to the unusual, you'll find it at our market.



ENROLMENT

COURSES MUST BE PAID FOR WHEN ENROLLING

All missed classes must be paid for.

EFTPOS IS AVAILABLE. If paying by cash, please have correct money, as we do not have change.
ENROL BY:

* **Phone** - enquiries and enrolments are welcome, but your place will not be secured until you have paid.



* **Email** - info@cpch.org.au



* **Mail** - Send cheque/money order, with details of course, your name, address, email & phone to - **Crib Point Community House**
7 Park Rd, Crib Point. 3919



Ask for a requirements list if required.

* **In person** - During office hours:
9am - 3pm Monday to Thursday
9am - 12 Friday



Enrolments accepted in order of receipt of payment. If a course is cancelled, all efforts will be made to contact you, so please make sure you give us all your details. A full refund will be given.

PRICING POLICY

We aim to provide courses you want at the lowest possible prices. Teachers are very experienced &/or qualified. Don't be excluded because of financial pressures, please talk to us, in confidence, to make other arrangements.

BRIGHT IDEAS

Got a great idea for a course or activity? Maybe you'd like us to start a Special Interest or Support group. Does night or weekend activities suit you best. We're always after new ideas. Talk to the Manager or a Committee member. We're always open to new ideas.

FREE COMPUTER/INTERNET

Computer and internet access is available Free of charge by appointment only. Please call 5983 9888 Printing 20c per A4.

GRAFFITI REMOVAL KIT

The Community House has a Graffiti Removal Kit which is available to local Community groups, businesses & members of the community to help them remove any graffiti on their property. This is a FREE service. Call Community House.

THANK YOU, THANK YOU, THANK YOU

Crib Point Community House acknowledges the support of the Federal & Victorian Governments, Mornington Peninsula Shire & Bendigo Bank Hastings. Thanks to The Crib Point Cellars, Ed's Hastings, Baker's Delight & all the wonderful volunteers who help us every week and at our special events.

**Please support your local
Community Bank & Businesses.**



Families,
Fairness
and Housing



MORNINGTON
PENINSULA
Shire



THIS IS WHAT HAPPENS INSIDE INFORMATION

- * Classes & Activities
- * Support Groups
- * Social Activities
- * Disabled Access
- * Maternal & Child Health - 5983 9436

COMMUNITY GROUPS

- * Crib Point Action Group
- * Foreshore Committee

SERVICES:

- * Referral Service
- * Computer Use
- * Room Hire
- * Children's Parties

WHAT CAN YOU DO?

Want to get involved in your community?

- * Meet people
- * Share your skills
- * Become a Volunteer
- * Join the Committee

VOLUNTEERING

We have a wonderful group of volunteers who donate their valuable time to help run the Community House. If you are interested in volunteering in the office, garden, cleaning or even teaching, we'd love to hear from you. We are Centrelink approved for Mutual Obligation Requirements. Give us a call or pop in for a chat.

PRIVACY STATEMENT

Crib Point Community House respects your right to information privacy. Information which we collect & hold, is kept in accordance with the information privacy laws.

The Crib Point Community House acknowledges and pays respect to the Bunurong people, the Traditional Custodians of these lands and waters.



Inc no: A5121C - ABN 13567174223

7 PARK RD,
CRIB POINT. 3919
Melways ref: 195 B/2

www.cpch.org.au

Email: info@cpch.org.au

Follow us on Facebook & Instagram

Crib Point Community House

Crib Point Community Market

August Art Attack

Want more information? This
QR code will take you to our website



Crib Point Community Market

2nd Saturday of Month - 9am to 1pm

To book a Stall or Fundraising BBQ
email Michelle market@cpch.org.au

Pay for stall on Market Day

Oct 12, Nov 9, Dec 14, Jan 11

Monday

Closed 4th Nov - Public Holiday

NEW - MONDAY CRAFTERS

Starts: 7th Oct, 10am to 12noon

Cost: \$2. weekly

Got some UFOs or need time to do your craft? Join these crafters and make new friends. Even try a new craft or share your expertise. Join us for a fun morning of craft, chat, a cuppa and friendship.

AFFORDABLE YOGA

Starts: 14th Oct at 9:30 to 11am

Cost: \$100 for 8 wks or \$15 weekly

For all ages & levels. Chris will gently guide you through simple stretches, breathing relaxation & meditation. BYO yoga mat or blanket. (Ask about paying by instalments - term must be **PAID IN FULL**)

PLAYGROUP

Starts: 7th Oct at 10am - 12noon

Cost: FREE

Parent run playgroup. Everyone helps set up, run activities and pack up. Please bring a snack for your little one. Tea & coffee provided. A great way to meet new friends for yourself and the kids. Bookings Essential

CAFÉ CHAT- Fortnightly

Starts: 14th Oct at 10-11am

Come and have an informal chat & meet new friends. Share your ideas of what you want at YOUR Community House. Coffee/Tea is on us. We're usually at Café 202 Check our Facebook page and Instagram for location.

CRICUT MACHINE WORKSHOP

Date: 28th Oct - 10am to 12noon

Cost: \$25 inc materials

Learn how to use a Cricut machine for your crafts. This workshop will start you on a journey of discovery. It can change the way you do your crafts, from paper crafts to patchwork and more. This machine will cut out your designs in paper, fabric, stickers and much more.

SCRIBBLERS WRITING DEN

Start: 14th Oct - 1-3pm

Cost: \$2.

Whether you're a seasoned wordsmith or just penning your first story, we are a welcoming and encouraging haven for writers of all ages and abilities, spanning across a rich tapestry of literary genres. Words come to life and creativity knows no bounds, we'll embark on countless literary adventures together.

SEWING FOR BEGINNERS

Starts: 14th Oct at 6 - 8pm

Cost: \$70 for 8 weeks

Ages: 10 yrs to Adult.

Children must be accompanied by an adult.

Learn simple techniques to make your own clothing and more. We have sewing machines available to use. Ask for a requirements list

Tuesday

EASY DOES IT FITNESS

Starts: 15th Oct at 10 - 10.45am

Cost: \$40 for 8 weeks or \$8. weekly

From the Aging Strong Program to improve health, socialisation and independence. A gentler exercise class using a chair for balance, but still lots of fun.

MEN'S GROUP

Starts: 15th Oct - 10am

Cost: \$2.

Looking for something to do, somewhere to go. Get out of the house, stop annoying your partner. Join other men and have a cuppa and a chat, share your interests & idea. This is a group for men, run by men. We can organise talks, outings, classes, just about anything that interests you.

INFO FOR CARERS

Date: 29th Oct at 10am

Cost: FREE

This talk provides information about services available to carers from different service providers and more. It explores some of the many challenges carers face.

FAB, FUN 'n' FIT

Starts: 15th Oct at 11.00 - 11.45am

Cost: \$40 for 8 weeks or \$8 weekly

Build fitness and strength in a fun and social environment. Not too gentle exercise to music for mobility, strength, coordination & balance.

FAMILY TREE CIRCLE

Starts: 15th Oct at 1-3pm

Cost: \$2 weekly

So, you know who you are, but where did you come from? Di, a skilled researcher, will help you. You've always wanted to, so start now and join this fun group.

Wednesday

MATERIAL GIRLS

Starts: 9th Oct at 9.00 - 12noon

Cost: \$5 weekly

Join these sew & sews and get sew happy on pins 'n' needles. These thread heads love their quilty pleasures. Patchwork or sewing, it's lots of fun being creative.

SQUARE DANCING

Starts: 16th Oct- 9.30am - 12noon

Cost: \$3. weekly

Are you a Square Dancer? Why not join in this fun group and keep fit and dance the morning away.

MARGIE B's COMMUNITY CAFÉ

Date: 27th November

Time: 12noon

Cost: Voluntary donation

This will be the last Community Lunch for this year. Come join us for lunch with a variety of choices which changes each month. We always have fun and make new friends. **Booking essential and dietary req. Phone: 59839888**

Wednesday cont;

CRAFTY NIGHT OWLS

Date: 9th Oct at 7 - 9pm

Cost: \$2. weekly

No time for your crafts during the day?

Here's your chance to make new friends, share ideas and maybe learn a new craft. It doesn't matter what craft you do, come and join this fun group of crafters.

Thursday

CACKLE 'N' CRAFT

ALL YEAR ROUND 9am-12noon

Cost: \$2 weekly

Join this fun group of crafty ladies. Finish your UFO's, learn a new craft or even help us with a new craft. Not into craft, just come along and have a cuppa & a chat.

KNITTERS 'N' HOOKERS

Starts: 10th Oct at 1-3pm

Cost: \$3 weekly

Knit one, crochet too & learn purls of wisdom from our resident nifty knitter. Work on your own woolly wonders & spin a few yarns. Even knit for a cause. It's a fun group.

CARD MAKING WORKSHOP

Date: 17th Oct at 1-3pm

Cost: \$10, inc materials

Christmas is the theme. Learn cutting with metal dies, blending inks, constructing and much more. You'll have 3 beautiful Christmas cards to start your collection.

YOGA FOR EVERYONE

Starts: 17th Oct at 6 - 7pm

Cost: \$100 for 8 wks or \$15 weekly

This class caters for all ages & levels. Work at your own pace & learn breathing, posture, relaxation & meditation techniques. BYO yoga mat or blanket. **MUST BE PAID IN FULL**

Friday & Weekend

STITCHIN' SISTERS PATCHWORK

Dates: Oct 18, Nov 1, 15, 29, Dec 6

Time: 9am to 12 noon

Cost: \$65.

You can make a coaster to a quilt, the choice is yours. Chris will guide you all the way. Ideal for beginners or the more advanced.

FAB, FUN 'n' FIT

Starts: 11th Oct at 9:30 - 10:15

Cost: \$40 for 8 weeks or \$8 weekly

Build fitness and strength in a fun and social environment. Not too gentle exercise to music for mobility, strength, coordination and balance.

FAMILY FUN - LEGO & BOARD GAMES

Date: Sunday 27th Oct - 1-4pm

Cost: Gold coin donation

A fun afternoon for young and old of games and lego. There'll be board games, cards and more. BYO Lego and you can BYO games but you will be responsible for them. Children must be accompanied by an adult. **PLEASE BOOK.**